



What is Partners at Heart

Port Huron Hospital and St. Joseph Mercy Hospital are partners in heart care, providing comprehensive cardiac care to the Blue Water communities.

This unique program, which began in 1993, offers a full range of services for cardiac patients.

Services range from screening and prevention to open-heart surgery and coronary angioplasty as well as cardiac rehabilitation.

Our individualized three-phase program provides the highest quality care available in the Blue Water communities. It addresses prevention, education and the long-term physical and emotional needs of recovering cardiac patients.

Partners at Heart



**Port Huron
Hospital**



**ST. JOSEPH
MERCY HOSPITAL**

partnersatheart.org



Guest Speaker Availability

Partners at Heart Guest Speakers are available FREE of charge on topics including:

- ▶ Cardiac risk factors
- ▶ Stroke prevention
- ▶ Nutrition and your heart
- ▶ Stress management
- ▶ Exercise and your heart
- ▶ Cholesterol and your heart
- ▶ Fast food...
Should I "super-size" it?
- ▶ Smoking cessation tools

If you know a group of five or more who are interested in a FREE cardiac lecture, or blood pressure screening, please contact:

Julie Perry, RN, BSN
1-800-326-1811

***Take Care of
Your HEART!***

Partners at Heart



**Port Huron
Hospital**



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MERCY HOSPITAL**

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